One Tree  
(303) 542-7212 onetreecolorado.com  
29713 Troutdale Scenic Dr Unit C-1 | Evergreen |  
One Tree Wellness offers a variety of integrative treatments including halotherapy, hydrotherapy and quantum biofeedback. Visit our website for more information!

Prima Movement  
(303) 578-0162 primamovement.com  
29029 Upper Bear Creek Rd Ste 207 | Evergreen |  
Physical Therapy and Pilates Studio specializing in hands on treatment for low back pain, sacral pain, neck pain, cervicogenic headaches, Women's Health, and return to sport after injury or postpartum.

Regional Transportation District- FlexRide:  
(303) 944-5777 South | (303) 944-7474 North |  
rtd-denver.com/FlexRide.shtml  
Flex Ride operates M-F from 5:30 am to 7:00 pm and Saturday from 9:00 am to 7:00 pm. We do not operate on Sunday. The cost is $3.00 for the local ride and $1.50 for seniors 65 plus and children 6 to 19. Children 5 and under are free. People can either book online or call the North/South bus numbers above.

Return To Sport Physio  
(646) 591-9696 returntosportphysio.com  
2942 Evergreen Parkway | Evergreen |  
Helping 35+ Active Adults Overcome Aches, Pains and Injuries So They Can get Back To The Activities They Love and Improve Their Health Naturally Without Pain Medications, Injections or Surgery.

Ride-Need A Ride???  
Evergreen | Conifer  
(303) 564-5858 | rideexperiences.com  
Local company with local drivers that safely provide your mountain transportation needs to DIA, Red Rocks, weddings, special events, casinos, and ski resorts.

Seniors’ Resource Center Evergreen  
(303) 238-8151 srcaging.org/  
SRC provides services to help older adults in their homes, including non-medical In-Home Care (light housekeeping and personal care), Chores assistance (house cleaning and yard work), Adult Day and Respite, Meals on Wheels, energy assistance, support for victims of crimes, and more.

Spero Recovery  
(303) 351-7888 sperorecovery.org  
29997 Buffalo Park Rd | Evergreen |  
Spero Recovery Center is a peer-run, peer-led residential recovery community organization for adults who want to live and thrive in a life of recovery.

St. Anthony Health Center Evergreen  
(303) 679-2020  
32214 Ellingwood Trail #210 | Evergreen |  
We provide top quality, compassionate primary medical care for families in Evergreen, Conifer and the surrounding foothills communities. From well checks and sports physicals to illness and medication management, our primary care doctors and providers can care for every member of your family. Accepting new patients, with most major insurances including Medicare and Medicaid. Extended hours available by appt.

TuRNing Point Health & Wellness  
(720) 807-8100 turningpointhw.com  
| Conifer |  
Holistic Transformational Health & Wellness Coaching by an RN.

VitalHearts  
(303) 987-3000 vitalhearts.org  
930 South Butler Way | Lakewood |  
VitalHearts | The Resiliency Training Initiative is a 501 (c)3 charitable organization whose mission is caring for care-providers. Helping care providers find ways to process the trauma they encounter.
As the senior population continues to grow in the mountain community so does the availability of services. The Chamber recommends the businesses included in this brochure for a variety of needs such as stay at home with help, independent living, assisted living, memory care assisted living, skilled nursing and rehabilitation centers, and respite care.

Recreationally, the mountain community has lots of options, both formal and informal, as a way to get exercise and stay healthy. A variety of programs are held from Silver Sneakers to organized hikes and camping. Evergreen Vision Clinic, PC offers services such as SNAP (food assistance), Medicaid/CHP+ and TANF (Colorado Works). As well, we are here to help Veterans address the unique challenges they face. Evergreen Movement Studio provides support through our direct services and referrals as needed to help ensure living life in a happy body. Evergreen Vision Clinic, PC offers services such as SNAP (food assistance), Medicaid/CHP+ and TANF (Colorado Works). As well, we are here to help Veterans address the unique challenges they face. Evergreen Movement Studio provides support through our direct services and referrals as needed to help ensure living life in a happy body. Evergreen Vision Clinic, PC offers services such as SNAP (food assistance), Medicaid/CHP+ and TANF (Colorado Works). As well, we are here to help Veterans address the unique challenges they face. Evergreen Movement Studio provides support through our direct services and referrals as needed to help ensure living life in a happy body.